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## Cosmetic Treatments & Services

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### Cosmetic Destruction

- LN2 or electrocautery to benign skin lesions (Medical providers only)

### Skin Rejuvenation

- **IPL Fotofacial** — Tina (Silverdale) — improves redness, vessels, flushing, sunspots, reduces pore size, and stimulates collagen.
- **Microdermabrasion** — Tina (Silverdale) — exfoliates the skin by gently removing the top layer of dead skin cells, improving skin texture, tone, fine lines, hyperpigmentation, and sun damage.
- **Laser Genesis** — Tina (Silverdale) — Cutera Excel HR Nd:YAG 1064nm non-ablative treatment that improves skin quality by stimulating collagen production to address fine lines, wrinkles, large pores, uneven tone and texture, and redness.

### Skin Resurfacing & Rejuvenation

- **Chemical Peels** — Exfoliate the top to deep layers of skin, improving sun damage, wrinkles, acne, and uneven skin tone.
  - Jessner's, Modified Jessner's, TCA 15%, TCA 20% — Tina (Silverdale)
  - TCA / TCA Cross Peels up to 100% — Dr. McLain (Gig Harbor only)
- **Clear + Brilliant Laser** — Tina (Silverdale) — creates microscopic channels in the skin, stimulating collagen production and cell turnover. Reduces fine lines, improves skin tone, tightens pores, reduces sun damage.
- **Fraxel Dual Laser** — Medical Providers (Gig Harbor) — combines two wavelengths to treat both superficial and deep skin concerns by stimulating collagen and elastin production.
- **Microneedling** — Silverdale & Gig Harbor — uses fine needles to create skin punctures that trigger the body's natural healing. Improves texture, fine lines, scarring, pore size, and promotes skin regeneration.
- **Laser Hair Removal** — Silverdale — targets melanin to destroy light brown to black hair follicles (does not target white, blonde, gray, or red hair).
  - Cutera Excel: 755nm Alexandrite (skin types I–IV) | 1064nm Nd:YAG (types IV–V)
  - LightSheer: 815nm Diode (types I–IV)

### Injectables

- **Neurotoxin** — Medical Providers (Gig Harbor, Tacoma & Silverdale) — temporarily relaxes facial muscles to prevent wrinkle formation.
  - Botox by Allergan — minimum 20 units
- **Dermal Fillers** — Medical Providers (Gig Harbor & Tacoma) — add volume, smooth wrinkles, and enhance facial contours.
  - Allergan: Juvederm Ultra XC, Ultra Plus XC, Voluma XC, Vollure XC, Volux XC, Volbella XC
  - Revanesse: Versa