



PENINSULA
DERMATOLOGY
and laser clinic

Cosmetic Treatments & Services Offered
at Peninsula Dermatology & Laser Clinic

Cosmetic Destruction

- LN2 or electrocautery to benign skin lesions (Medical providers only)

Skin Rejuvenation

- IPL Fotofacial – Tina (Silverdale)
 - improve redness, vessels, flushing, sunspots, reduce pore size, and stimulate collagen.
- Microdermabrasion – Tina (Silverdale)
 - Exfoliates the skin by gently removing the top layer of dead skin cell which helps to improve skin texture, tone, reduce appearance of fine lines, lightens hyperpigmentation and sun damage.
- Laser Genesis - Tina (Silverdale)
 - Cutera Excel HR -Nd: YAG 1064 nm non-ablative treatment that improves skin quality by stimulating collagen production to address a variety of concerns like fine lines, wrinkles, large pores, uneven tone and texture, and redness.

Skin Resurfacing/Rejuvenation

- Chemical Peels
 - Exfoliate and remove the top to deep layers of skin. Peels can help improve sun damage and other forms of skin damage, reduce appearance of wrinkles and fine lines by stimulating collagen production in the deeper layers of the skin, acne, even out skin tone by removing uneven patches of discoloration.
 - Jessner's, Modified Jessner's, TCA 15%, and TCA 20%- Tina (Silverdale)
 - TCA / TCA Cross Peels up to 100% - Dr. McLain- GH only
- Clear + Brilliant Laser- Tina (Silverdale)
 - It works by creating microscopic channels in the skin, stimulating collagen production, and encouraging cell turn over. Benefits are reducing fine lines and wrinkles, improving skin tone and texture, tightening pores, reducing sun damage, and promoting overall skin rejuvenation.
- Fraxel Dual Laser- Medical Providers (Gig Harbor)

- Combines two wavelengths of laser light to treat both superficial and deep skin concerns. The laser delivers microscopic beams of light into the skin, targeting specific layers. These beams create tiny wounds that stimulate the production of new collagen and elastin.

Skin Resurfacing/Rejuvenation Cont'd

- Microneedling – (Silverdale) and (Gig Harbor)
 - Procedure involves using fine needles to create punctures in the facial skin. This triggers the body's
 - natural healing process. This process can help improve skin texture, reduce fine lines and wrinkles, minimize facial scarring, reduce pore size, aid in helping skin care serums and creams to penetrate at a deep level, and promote skin regeneration.
- Laser Hair Removal – (Silverdale)
 - Procedure that uses laser light to target melanin and destroy light brown to black hair follicles, reducing unwanted hair growth (does not target white, blonde, gray, or red).
 - Cutera Excel LHR
 - 755 nm- Alexandrite laser (skin type I-IV)
 - 1064nm- Nd Yag laser (IV – V)
 - Light Sheer LHR
 - 815 nm -Diode laser (I- IV)

Injectables

- Neurotoxin (Medical Providers in Gig Harbor, Tacoma, & Silverdale)
 - temporarily relax facial muscles, preventing them from forming wrinkles when facial expressions are made.
 - Botox by Allergan
 - Minimum of 20 units
- Dermal Fillers (Medical Providers in Gig Harbor and Tacoma)
 - Improve facial appearance by adding volume, smoothing wrinkles, and enhancing facial contours.
 - Allergan

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| Juvederm Ultra XC | Juvederm Ultra Plus XC |
| Juvederm Voluma XC | Juvederm Vollure XC |
| Juvederm Volux XC | Juvederm Volbella XC |

- Revanesse

Versa