
Biopsy & C&E Care Instructions

Care instructions for shave and punch biopsies and curettage and electrodesiccation (C&E).

Wound Care

- Keep the area clean and bandaged for one week.
- Clean the area once per day with soap and water. If particularly crusty, gently cleanse with a mild soap.
- Apply Polysporin, Vaseline, or Aquaphor ointment, then apply a bandage daily.
- Healing usually takes 1–3 weeks depending on the treatment site (lower legs normally take longer to heal), wound condition, and patient age.

Should you notice increased redness, swelling, pain, or drainage from the site, please contact the office where you received care:

- **Silverdale:** 360-698-6859, ext. 307
- **Gig Harbor:** 253-851-7733, ext. 111
- **Tacoma:** 253-752-2273, ext. 205
- For most punch biopsies, sutures will need to be removed in 7–10 days.

Biopsy Results

- Results take 10–14 business days (up to 3 weeks).
- If your results return as cancerous or abnormal, we will call you with results and discuss further treatment.
- If your results return benign (non-cancerous) and do not require further treatment, they will be posted on your patient portal (My Patient Visit) — we will not call for benign results.
- To log in to the portal, you will need your username and password. If asked for a Practice ID, use: EZEUKP
- If the portal asks for a security code, please call the office.

Billing Note

Pathology is billed out separately. You may receive a bill from Dr. Rasmussen, Dr. McLain, Dr. Komorous, DPNW, LabCorp, or other consultants. Biopsies, pathologies, and C&E are considered surgical codes and may be subject to your deductible and/or cost share.